



## Selsdon Primary School Positive Handling Policy

Updated January 2026

### 1. The Legal Framework

Use of positive handling in our school abides by Keeping Children Safe in Education (KCSIE) as well as the advice given by the Department For Education (DfE) guidance on the [use of reasonable force in schools for headteachers, staff and governing bodies](#).

Positive handling should be limited to emergency situations and used only in the last resort. Under the Children Order 1995, it is only permissible as described under the heading "Physical Control". Article 4 of the Education Order 1998 clarifies powers that already exist in common law. It enables trained staff in the school, authorised by the Headteacher, to use such force as is reasonable in the circumstances, to prevent a pupil from:

- Committing an offence
- Causing personal injury to, or damage to the property of, any person (including the pupil himself)
- Engaging in any behaviour prejudicial to the maintenance of good order and discipline at the school or among its pupils, whether during a teaching session or otherwise.
- (Examples of possible situations are given in Appendix 1)

#### 2.1 Definition of Positive Handling in our schools

Positive handling is the positive application of force with the intention of protecting the child from harming himself or others or seriously damaging property.

#### 2.2 General Policy Aims

Staff at Selsdon Primary School recognise that the use of reasonable force is only one of the last in a range of strategies available to secure pupil safety and well-being and also to maintain good order and discipline. Our policy on positive handling should therefore be read in conjunction with our Behaviour and Child Protection policies

#### 2.3 Specific Aims of the Positive Handling Policy

- To protect every person in the school community from harm.
- To protect all pupils against any form of physical intervention which is unnecessary, inappropriate, excessive or harmful.
- To provide adequate information and training for staff so that they are clear as to what constitutes appropriate behaviour and to deal effectively with violent or potentially violent situations.



## 3.1 Why Use Positive Handling?

Positive handling should avert danger by preventing or deflecting a child's action or perhaps by removing a physical object, which could be used to harm themselves or others. It is only likely to be needed if a child appears to be unable to exercise self-control of emotions and behaviour.

It is not possible to define every circumstance in which positive handling would be necessary or appropriate and staff will have to exercise their own judgement in situations which arise within the above categories. Staff should always act within the School's Behaviour Policy, particularly in dealing with disruptive behaviour.

Staff should be aware that when they are in charge of children during the school day, or during other supervised activities, they are acting *in loco parentis* and should, therefore, take reasonable action to ensure pupils' safety and wellbeing.

Failure to positively handle a pupil who is subsequently injured or injures another, could, in certain circumstances, lead to an accusation of negligence. At the same time, staff are not expected to place themselves in situations where they are likely to suffer injury as a result of their intervention.

## 3.2 Alternative Strategies

There are some situations in which the need for positive handling is immediate and where there are no equally effective alternatives (e.g. is a pupil is about to run across a road).

However, in many circumstances there are alternatives e.g. use of assertiveness skills such as:

- the employment of other sanctions consistent with the School's Behaviour Policy
- the broken record: in which an instruction is repeated until the pupil complies
- use of a distracter, such as a loud whistle, to interrupt the behaviour (such as a fight) long enough for other methods of verbal control to be effective
- withdrawal of attention (audience) e.g. if an action such as damage to property is threatened
- other techniques designed to defuse the situation, such as the avoidance of confrontation, or use of humour (in these cases the incident can be dealt with later when emotions are no longer running high)

## 3.3 Use of Positive Handling

Positive handling should be applied as an act of care and control with the intention of re-establishing verbal control as soon as possible and, at the same time, allowing the pupil to regain self-control. It should never take a form which could be seen as a punishment.



Named staff are only authorised to use reasonable force in applying positive handling, although there is no absolute definition of this, as what constitutes reasonable force depends upon the particular situation and the pupil to whom it is being applied. However, as a general rule, only the force necessary to stop or prevent the behaviour should be used, in accordance with the guidelines below.

There are some forms of physical intervention, which may involve minimal physical contact, such as blocking a pupil's path or the staff member physically interposing themselves between the pupil and another pupil or object, or guiding the pupil using the "caring c's" technique.

However, in some circumstances, direct physical contact may be necessary. In all circumstances, other methods should be used if appropriate or effective and positive handling should be a last resort. When positive handling becomes necessary:

## DO

- Tell the pupil what you are doing and why
- Use the minimum force necessary
- Involve another member of staff if possible
- Tell the pupil what s/he must do for you to remove the restraint (this may need frequent repetition)
- Use simple and clear language
- Hold limbs above a major joint if possible e.g. above the elbow
- Relax your restraint in response to the pupil's compliance

## DON'T

- Act in temper (involve another staff member if you fear loss of control)
- Involve yourself in a prolonged verbal exchange with the pupil
- Attempt to reason with the pupil
- Involve other pupils in the restraint
- Touch or hold the pupil in sexual areas
- Twist or force limbs back against a joint
- Bend fingers or pull hair
- Hold the pupil in a way which will restrict blood flow or breathing, e.g. around the neck
- Slap, punch, kick or trip up the pupil
- Use restraint techniques that are banned under the DfE's reasonable force guidance, which are:
  - the 'seated double embrace' which involves two members of staff forcing a person into a sitting position and leaning them forward, while a third monitors breathing;
  - the 'double basket-hold' which involves holding a person's arms across their chest; and



- the 'nose distraction technique' which involves a sharp upward jab under the nose.

### 3.4 Actions After an Incident

Positive handling often occurs in response to highly charged emotional situations and there is a clear need for debriefing after the incident, both for the staff involved and the pupil.

A member of the SLT should be informed of any incident, as soon as possible, and this member of the SLT will take responsibility for making arrangements for debriefing once the situation has stabilised. An appropriate member of school staff should always be involved in debriefing the pupil involved and any victims of the incident should be offered support, and their parents informed, if appropriate.

If the behaviour is part of an ongoing pattern, it may be necessary to address the situation through the development of a behavioural IEP, which may include an anger-management programme, or other strategies, as agreed by the SENCo and SLT.

It is also helpful to consider the circumstances precipitating the incident to explore ways in which future incidents can be avoided.

All incidents should be recorded immediately. Instances of use of reasonable force should be recorded in the school's *Bound and Numbered Book*, this should be checked and signed-off by a designated member of the SLT.

A member of staff will contact parents as soon as possible after an incident, normally on the same day, to inform them of the actions that were taken and why, and to provide them with an opportunity to discuss it.

## 4. Risk Assessments

If we become aware that a pupil is likely to behave in a disruptive way that may require the use of reasonable force, we will plan how to respond if the situation arises. Such planning will address:

- Management of the pupil (e.g. reactive strategies to de-escalate a conflict, holds to be used if necessary);
- Involvement of parents to ensure that they are clear about the specific action the school might need to take;
- Briefing of staff to ensure they know exactly what action they should be taking (this may identify a need for training or guidance);
- Identification of additional support that can be summoned if appropriate



## 5. Complaints

A clear positive handling policy, adhered to by all staff and shared with parents/carers, should help to avoid complaints.

It is unlikely to prevent all complaints, however, and a dispute about the use of force by a member of staff might lead to an investigation, either under the school's complaints procedure, disciplinary procedures or by the Police or social services under child protection procedures.

This policy applies in conjunction with our school's behaviour policy, complaints procedure and government guidance and documents including Keeping Children Safe in Education.

We will review this policy every 2 years.



## Appendix 1

*When might it be appropriate to use reasonable force?*

Examples of situations that may require restraint are when:

- a pupil attacks a member of staff, or another pupil
- pupils fighting
- a pupil is causing, or at risk of causing, injury or damage by accident, by rough play, or by misuse of dangerous materials, substances or objects
- a pupil is running in a corridor or on a stairway in a way in which he/she might have or cause an accident likely to injure her/himself or others
- a pupil absconding from a class or trying to leave school (NB this will only apply if a pupil could be at risk if not kept in the classroom or at school)
- a pupil persistently refuses to obey an order to leave an area
- a pupil behaves in such a way that seriously disrupts a lesson